

# Diet Cheat Sheet

List your most popular menu items and determine if they follow any of the 8 most common special diets.

<b>Key</b>
* = comes that way
x = can be made that way

Dish Name	Sugar Conscious	Low Sodium	Low Fat	Low Carb	Gluten Free	Dairy Free	Vegan	Vegetarian
<b>Appetizers</b>								
<b>Lunch</b>								
<b>Entrees</b>								

<b>Desserts</b>								