

What to Do During a Viral Outbreak

Cough into your elbow



Wear a mask if sick



Wash hands for 20 seconds



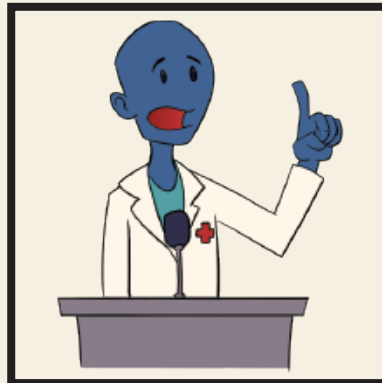
Only buy what you need



Wash hands after sneezing



Listen to health officials



Sanitize frequently used surfaces



Don't spread false information

